

# EVERY DAY COUNTS



HE/SHE IS ONLY MISSING JUST...	THAT EQUALS...	WHICH IS...	& OVER 13 YEARS OF SCHOOLING THAT'S...
10 MINS PER DAY	50 MINS PER WEEK	NEARLY 1.5 WEEKS PER YEAR	NEARLY HALF A YEAR
20 MINS PER DAY	1 HR 40MINS PER WEEK	OVER 2.5 WEEKS PER YEAR	NEARLY A YEAR
30 MINS PER DAY	HALF A DAY PER WEEK	4 WEEKS PER YEAR	NEARLY 1.5 YEARS
1 HOUR PER DAY	1 DAY PER WEEK	8 WEEKS PER YEAR	OVER 2.5 YEARS